

TINTING AND SHAPING

EYELASH TINT	30 min R90
EYEBROW TINT	15 min R60
EYELASH & EYEBROW TINT	30 min R130
EYEBROW SHAPE	15 min R90

WAXING

½ LEG	30 min R230
FULL LEG	60 min R280
BIKINI WAX	30 min R150
BRAZILIAN WAX	45 min R190
HOLLYWOOD WAX	45 min R230
BACK/CHEST WAX	45 min R200
½ ARM WAX	15 min R140
FULL ARM WAX	30 min R190
UNDERARM WAX	15 min R120
LIP / CHIN / SIDEBURN WAX	15 min R90
FULL FACE WAX	30 min R190



THE SPA

AT MARION ON NICOL

CNR STIRLING & HAMILTON AVENUE, HURLINGHAM, JOHANNESBURG
+27 (0) 11 783 9952 | info@thespaatmarion.co.za
www.thespaatmarion.co.za

GENERAL INFORMATION

We offer you our very best – aiming to enhance your spa experience. We have policies in place to benefit you, and create a harmonious environment where our therapists can focus on your needs.

FIRST VISIT

Plan to arrive 15 minutes prior to your treatment to allow time to check-in and prepare for your treatment.

LATE POLICY

If arrival is delayed, we will make every effort to accommodate your full appointment but this is not always possible. Treatment time may be abbreviated to avoid delays for other guests and treatments are charged at full value. Last minute changes to appointments will be honoured only if a treatment appointment is available for a later time in the day (of your appointment) and other guests are not inconvenienced.

CANCELLATIONS AND NO SHOWS

Guests who book appointments and cannot join us for their scheduled reservation are kindly requested to provide at least a 24-hour notice

PAYMENTS & GRATUITY

The spa accepts cash, MasterCard, Visa and American Express for payment.

SPECIAL CONDITIONS

Please notify our Spa Receptionist when reserving your treatments if you have high blood pressure, special physical concerns, diabetes, or are pregnant. All spa guests will be asked to complete a brief questionnaire upon check-in, designed with your well being in mind.

AGE REQUIREMENT

Spa guests must be 18 years of age or older to receive treatments.

PEACEFUL AMBIENCE

As a courtesy to other guests, please maintain a quiet level of conversation. Cell phones must be turned off upon entering the spa.

PRICES

Although we make every effort to keep our website and spa menu updated, please note that prices and treatments are subject to change without prior notice.



THE SPA

AT MARION ON NICOL



TREATMENT MENU

HARMONY. BALANCE. PRESENCE.

HANDS AND FEET

HAND TREATMENT

This treatment uses stem cells of the Service Tree and thermal water from the Aachen hot springs to nourish and pamper stressed hands. Apricot kernel oil, daisy and nori algae extract are used in this specialised hand treatment – leaving them pampered and beautiful.

FEET TREATMENT

The feet are bathed in extracts of cooling menthol and cocoa butter to moisturise, soften and rejuvenate them, leaving them soft, silky and ready for sandals.

EXPRESS MANICURE	30 min R160
EXPRESS PEDICURE	45 min R180
DELUXE MANICURE	60 min R250
DELUXE PEDICURE	60 min R280
PARAFFIN DIP	15 min R100
MANICURE WITH GEL OVERLAY	60 min R350
PEDICURE WITH GEL OVERLAY	60 min R380
BUFF & PAINT	30 min R120
NAIL ART (PER NAIL)	5 min R 20

NAILS (OPI)

NAIL REPAIR	30 min R60/Nail
SOAK OFF	30 min R120
RE-PAINT	20 min R60
BUFF & PAINT	30 min R120
FILL	75 min R270
OVERLAYS ON NATURAL NAILS	75 min R280
OVERLAYS ON NATURAL NAILS (FRENCH)	75 min R295
FULL SET WITH NATURAL TIPS	90 min R350
FULL SET WITH FRENCH TIPS	120 min R400

HARMONY. BALANCE. PRESENCE.

At The Spa at Marion on Nicol we offer nothing but the best. As our guests, you can expect high standards of service, valuable knowledge and a bespoke spa experience.

Our services are designed for men, women and couples.

SKIN CARE

!QMSMEDICOSMETICS

Unlock your skin's vitality and youthful appearance with QMS Medicosmetics. Formulated by world-renowned surgeon, Dr. Eric Schulte, it increases collagen synthesis to increase the skin's ability to retain moisture for the regeneration process. Results include refined pores, improved skin elasticity as well as a tighter and smoother appearance.

COLLAGEN REJUVENATION TREATMENT 60 min | R750

Instantly effective nurturing treatment developed to revitalise and regenerate stressed and damaged skin while stabilising its functions. Natural Soluble Collagens return the skin to a youthful and healthy state by increasing collagen levels.

ACTIVATOR TREATMENT 45 min | R680

Revitalises stressed and tired skin, regenerates and stabilises its functions. Refuels skin with energy while being supplied with active ingredients and leaves skin firm, fresh and glowing.

SENSITIVE REBALANCE TREATMENT 30 min | R550

Skin treatment developed to clear impurities, calm inflammation and regenerate the basic functions of the skin. An important treatment to accompany our QMS Medicosmetics MED range - developed for problematic skin.

DEEP CLEANSING INTENSE TREATMENT 60 min | R680

Combines a hydrating Algae Mask with the deep pore cleansing facial to leave skin firm and glowing.

NEO TISSUEDERMIE FACIAL 60 min | R950

Styled to combat the signs of aging, this firming and toning treatment is especially beneficial for more mature skin. Using our innovative contouring cream, this facial extends to the delicate neck, décolleté and breast area.



BABOR's precision formulas are based on the most innovative active ingredients. Luxurious, tailor made treatments have been designed to provide maximum results. All products have a skin-friendly pH, contain reduced amounts of preservatives and can be used to meet a broad range of skin care needs.

Every individual is different – and so is every skin.

The SKINOVAGE^{PX} treatment is a combination of professional beauty care and effective, soothing massage. After a thorough skin analysis, skincare products with specific active ingredients and treatment sequence are selected to suit individual skin requirements. This ensures successful results you can both see and feel.

DEEP PORE CLEANSING TREATMENT 45 min | R390

CLASSIC 60 min | R550

INTENSIVE 90 min | R700

REVERSIVE ULTIMATE ANTI-AGING TREATMENT 100 min | R2500

Intensive active ingredients turn back the clock to partially rewrite the history of your skin. Special massage movements, relaxing exercises based on progressive muscle relaxation and innovative techniques not only heighten the effect of the products but also guarantee a pampering beauty experience with a feel-good factor.

Each treatment experience can be further enhanced with the following supplementary treatments:

COLLAGEN FLEECE R350

A special fleece mask with collagen for the intensive treatment of extremely irritated, highly stressed skin lacking in moisture. Replenishes the skin's moisture reservoirs and strengthens the connective tissue, leaving skin looking youthfully plump and smooth.

AMPOULE "CRASH" TREATMENT

Up to ten ampoules are applied to your skin to quench its thirst, with long-lasting effect. The results speak for themselves.

1 AMPOULE R80

3 AMPOULES R240

5 AMPOULES R380

10 AMPOULES R690

BABOR MEN

Thanks to the powerful, energising active formula in BABOR MEN products, the skin's performance is boosted to increase resilience and combat the signs of fatigue.

ENERGY RELEASE - RELAXING FACIAL TREATMENT 60 min | R450

Switch off and wind down with this relaxing treatment, which is designed to calm and de-stress male skin.

SPA BODY TREATMENTS

SPA PEELS 20 min | R280

A sea salt oil exfoliator with your favourite personal fragrance (Shaping, Balancing Energising or Relaxing) will leave your skin smooth and supple. After peeling, you will enjoy BABOR Cocooning: A warm cloth removes excess moisture from your skin while a fragrant compress on your forehead enhances feeling of well being.

FAT BURNING BODY TREATMENT 45 min | R950

This body wrap gently compresses the skin tissue so that the active ingredients in the wraps penetrate deep into the skin. Fat cells break down - improving cross-linking of collagen fibres and restoring the skin's firmness and structure. Problem areas take on a smoother, firmer appearance.

DRAINING AND REMINERALISING BODY TREATMENT 45 min | R650

This body wrap compresses the skin tissue, helping active ingredients in the wraps to penetrate into the skin. Water retention is reduced, stimulating the discharge of metabolic waste and restoring the firmness and elasticity of the connective tissue. The surface of the skin is smoother and less dimpled.

MASSAGES

BACK, NECK & SHOULDER MASSAGE 45 min | R470

SWEDISH MASSAGE 60 min | R550 90 min | R700

Swedish massage is a vigorous system of treatments designed to energise the body by stimulating circulation. Five basic strokes, all flowing toward the heart, are used to manipulate the soft tissues of the body. Swedish massage has shown to be helpful in reducing pain and joint stiffness. It has also been shown to be helpful in individuals with poor circulation.

DEEP TISSUE MASSAGE 60 min | R600 90 min | R750

Deep tissue massage is designed to relieve severe tension in the muscle and the connective tissue. It offers many benefits, from pain and stress management to anxiety reduction and improved flexibility in muscles and joints. This type of massage focuses on the muscles located below the surface of the top muscles. Deep tissue massage is often recommended for individuals who experience consistent pain, are involved in heavy physical activity, such as athletes, and patients who have sustained physical injury.

SPORTS MASSAGE 60 min | R600 90 min | R750

Sports massage is designed to enhance athletic performance and recovery. There are three contexts in which sports massage can be useful to an athlete: pre-event, post-event, and injury treatment. Receiving sports massage on a regular basis can increase muscle flexibility, reduce pain and inflammation from overuse during physical activity and promote faster recovery time.

AROMATHERAPY MASSAGE 60 min | R600 90 min | R750

Aromatherapy massage involves the use of essential oils, which promote stress release, improve circulation, assist with wound healing and improve emotionally related conditions.

STONE MASSAGE 60min | R600 90 min | R750

Smooth aromatherapy coated warm stones are incorporated into traditional massage techniques. The direct heat relaxes the muscles, eases stress and enables a deeper and more effective massage treatment.

INDIAN HEAD MASSAGE 30 min | R350

Indian Head Massage is a holistic therapy that aims to balance the mind, body and spirit. Numerous short and long-term benefits are seen, including improved circulation, improved mobility of the joints, relief from tension headaches and eyestrain, promotion of healthy hair growth and a general feeling of relaxation.

PRESSURE POINT FOOT MASSAGE 45 min | R470

The pressure point foot massage involves the manipulation of specific reflex areas in the feet that correspond to other parts of the body. The massage is used to reduce pain, increase relaxation, and stimulate circulation of blood and lymphatic fluids. It is especially useful in stress-related illness and emotional disorders.